

North Brunswick Department of Parks, Recreation, & Community Services

Spring & Summer 2013



ADULT
PROGRAMS



SENIOR
PROGRAMS

SUMMER
CAMP

EVENTS
& TRIPS

YOUTH PROGRAMS



PROJECT
LEAL



AQUATICS

PARKS

PRE-SCHOOL
PROGRAMS



710 Hermann Road
North Brunswick, NJ 08902
(732) 247-0922 ext. 475
(732) 247-0979 (fax)

www.northbrunswicknj.gov



Registration Information

1. Please be sure to read each section carefully. The registration process, fees, and payment differ for some programs. If the program has no code or fee, pre-registration is not necessary. Attend the activity as listed. If you are interested in a program which has a code and fee, you must fill out the appropriate registration form and mail it as directed.

Please be sure to follow the dates and the instructions that appear on each registration form. **Registration begins immediately unless otherwise noted.** (Check aquatics pages for aquatics registration dates.)

3. Please be patient. Our staff will process each registration and mail you the results. Many activities have limited enrollment. In some cases, you may be placed on a waiting list or have your check returned. We make every attempt to maximize participation in all of our programs. Please register early. Activities without sufficient enrollment may be cancelled. Last minute registration effects other participants.

Non-Resident Policy: Programs are open to North Brunswick residents on a first priority basis, with consideration for non-residents given after the residential registration deadline. Non-residents shall pay an additional participation fee. We reserve the right to exclude or limit the participation of non-residents in programs and activities.

DPRCS ID Cards: **DPRCS ID Cards are REQUIRED at ALL DPRCS activities.** A wallet sized photo is required and ID Cards can be purchased during office hours for a fee of \$10.00. Cards are valid for one year from purchase date.

Refund Policy: Refunds are given only if the program is cancelled by the department. The Department reserves the right to add or cancel programs and to alter schedules. *In accordance with state law, no credits may be given.*

Program Cancellations: Program cancellations due to bad weather are announced on radio station WCTC 1450 AM and messages are left on department voice-mail. For closings, call the "weather hotline" at 247-0922 x 900 after 4 p.m. for evening programs and after 7 a.m. for weekend & weekday morning programs. ***Please note:** If North Brunswick schools are closed due to inclement weather, all programs in any of the public schools that day are cancelled. ***Parental Note:** Supervision is not provided outside many of the buildings and facilities where programs are held. Please escort your children directly into the activity and pick them up promptly at the time indicated. Any persons found participating in a program in which he or she has not been properly registered will be ejected from the activity. Falsification of information is grounds for removal from the program without reimbursement of the fee.

Americans with Disabilities: The Township of North Brunswick is committed to providing recreational opportunities for people from special populations who are developmentally or physically disabled. It is our policy, whenever possible, to mainstream individuals as part of our regular programming.

DPRCS OFFICE STAFF

Lou Ann Benson, Director
Giovanna Branciforte, Recreation Program Specialist
Elizabeth Yarus, Recreation Program Specialist
Amanda Applegate, Recreation Program Coordinator
Laura Rosenberg, Keyboarding Clerk 3
Annette Watts, Keyboarding Clerk 3
Greg Laszlo, Health Officer

PARKS DIVISION STAFF

Maintenance Worker 3 Grounds
Bradford Pastrick Frank DeLuca
Maintenance Worker 2 Grounds
Robert Bongiovi
Maintenance Worker 1 Grounds
Ono Prinzivalli Andrew Remm
Mike McCormick Frank Russo
Frank Locke
Laborer 1
Barry Scasserra
Keyboarding Clerk 3
Carmella Varga

SENIOR CENTER STAFF

Supervisor Senior Citizens Activities
Jessica Zink
Keyboarding Clerk 3
Carmella Varga
MV Operator Elderly & Handicapped Person and Recreation Aide (Job 2)
Carol Ann LaBarbera

North Brunswick
Department of Parks, Recreation & Community Services
710 Hermann Road
North Brunswick, NJ 08902
Phone: 732-247-0922 x 475
Fax: 732-247-0979

www.northbrunswicknj.gov

E-mail: Lbenson@northbrunswicknj.gov

Special Thanks to The Mayor & Township Council Members:

Mayor, Francis "Mac" Womack
Council President, Bob Davis
Councilman, Ralph Andrews
Councilman, Bob Corbin
Councilwoman, Shanti Narra
Councilwoman Cathy Nicola
Councilman, Carlo Socio

Committees

Township Committees are made up of volunteer residents who are dedicated to improving the sense of community in North Brunswick. All committee meetings are open to the general public and committees are always looking for residents to get involved.

BOARD OF HEALTH - Assists in addressing public health issues within town and also explores and provides information to the public on personal health issues.

CELEBRATE NORTH BRUNSWICK COMMITTEE

This Committee will focus on events and recognition of volunteers that make North Brunswick a stand out community. Refer to TV 15, web-site and local Sentinel Newspaper that will list upcoming events throughout the year. If you know of any individual / group that has made a positive difference for the Township of North Brunswick please e-mail: LBenson@northbrunswicknj.gov.

HERITAGE DAY COMMITTEE - Provides planning for one of the town's biggest events of the year, Heritage Day, held annually during the fall.

MEDIA ADVISORY - This committee works with DPRCS, NBTHS Media Program students and TV-15 Staff to offer ideas for programming and studio upgrades. TV-15 invites all area organizations to share postings for our bulletin board as well as recorded videos to air on the station.

Awards & Contests

ANN MARIE CHANDLEE HERITAGE AWARD - The Heritage Award is bestowed each year to a township resident who has been dedicated to improving the quality of life in North Brunswick as a volunteer with a non-profit group or civic organization for an extended period of time. Submissions must be made in writing and must include a detailed description of why the nominee is deserving of the honor. Specific information regarding the nominee's involvement in the community must be included. Nominations may be submitted to the Heritage Day Committee, 710 Hermann Road, North Brunswick, NJ 08902.

MEMORIAL DAY CEREMONY VETERAN OF THE YEAR AWARD - The DPRCS is accepting nominations for the Veteran of the Year. Nominees should be a North Brunswick veteran who has shown dedication to the United States Military and The Township of North Brunswick. Nominations should be in the form of a letter and sent to: Lou Ann Benson, 710 Hermann Road by April 25th.

OUTSTANDING GRANDPARENT AWARD - DPRCS continues its mission to recognize the people who make a difference in the lives of others. Nominations for the 2011 award are being accepted in the form of a one-page, typed explanation of why the nominated person deserves the title of "Outstanding Grandparent." Entries must include the name, address, and phone number of both the nominee and the nominator. Entries must be submitted to the DPRCS office by November 8th.

SCHOLAR /ATHLETE /ARTIST AWARD - DPRCS continues to work with our local schools to present monthly awards to scholar / athlete / artist students who have participated in sports, the arts, or community service projects while still maintaining high academic achievements. Open to North Brunswick residents in grades 3-12. Students attending private school are still eligible. Please submit nominations to Lou Ann Benson at LBenson@northbrunswicknj.gov.

MUNICIPAL ALLIANCE COMMITTEE

The Municipal Alliance Committee received \$32,682.00 in county funding for the 2013 year. Funds will be utilized to provide substance abuse education and prevention programs to the community and all schools throughout the district. Some programs that are sponsored include Project Graduation, Forest Friends, Senior Citizens Conference, Footprints, Project Response Program and National Night Out. Requests for funding should be submitted during the month of January to LBenson@northbrunswicknj.gov for committee review.

OPEN SPACE COMMITTEE - The committee's mission is to preserve and improve the quality of life in North Brunswick by reviewing and pursuing land. Watch for details on Channel 15 and on the website for how the Open Space committee's "Links to Health" Project is connecting walkways and bike paths for a healthier community. The Committee meets the last Thursday of the month. The sections of the Links to Health Project that have been completed are the Colonial Gardens, Berdines Corner & Hidden Lake. For more information please e-mail: lbenson@northbrunswicknj.gov.

RECREATION ADVISORY COMMITTEE - This group makes suggestions to the Mayor, Township Council, and DPRCS on philosophy and policy matters related to Recreation and Parks in town. The Committee meets the second Tuesday of each month.

SEPTEMBER 11TH COMMITTEE - The September 11th Committee is committed to creating appropriate remembrances to the events of September 11, 2001.

YOUTH COUNCIL - The Youth Council was created to allow the youth of our town to have the opportunity for their voices to be heard. The group volunteers at many events held throughout the year and meets the last Wednesday of each month from September - May.

THE GOOD NEIGHBOR AWARD - This award is for members of the community who make a difference in the lives of their neighbors. Nominations are being accepted in the form of a one-page, typed explanation of why the nominated person deserves the award. Entries must include the name, address, and phone number of the nominee and the nominator. Nominations can be submitted to Lou Ann Benson at LBenson@northbrunswicknj.gov by November 8th.

YOUNG ADULT PEER ADVOCATE AWARD - This award is presented annually to a youth who distinguishes himself / herself by demonstrating examples of strong character, leadership skills, and a positive attitude which influences the youth of North Brunswick. Nominations can be submitted to Lou Ann Benson at LBenson@northbrunswicknj.gov by November 8th.

YOUTH ADVOCATE AWARD - DPRCS will be accepting nominations for the annual Youth Advocate Award to honor an individual that has dedicated their time and effort for the benefit of the youth of our town. Nominees must be a North Brunswick resident and have established a record of rendering outstanding service to our community. Nominations can be submitted to Lou Ann Benson at LBenson@northbrunswicknj.gov by November 8th.

GALLERY OF ART - Come in and view the work of local artists, as we feature a new artist each month in the DPRCS Gallery of Art. We are looking for new artists for the upcoming year. All ages and mediums are welcome. Contact Elizabeth Yarus at 732-247-0922 x. 475 or eyarus@northbrunswicknj.gov for information.



ADOPT A TREE PROGRAM

Residents interested should contact Lou Ann Benson at 732-247-0922 x 475 or by email at LBenson@northbrunswicknj.gov.

TRIPS & EVENTS

MEMORIAL DAY 5 K Run / WALK

Come celebrate the 34th Anniversary of our hometown run with its scenic route through the Community Park. Come to run or walk with a friend. **Pre-registered participants will receive a T-shirt and are eligible for prizes and awards.** This race is part of the 7th Annual Brunswick Cup, a series of four races in the Brunswick Area. For a registration form or information on the Brunswick Cup visit thebrunswickcup.com.

Race packets available for pick up on 5/21 from 12 pm – 4:00 pm and 5/23 from 8:30 am - 6:30 pm at the DPRCS office.

| Age | Date | Time | Location | Fee |
|-----|--------------|---|-------------------|------|
| All | Monday, 5/27 | Registration: 7:30 am Start: 8:30 am | NB Community Park | \$20 |



Memorial Day Ceremony

The Township will be commemorating our nation's veterans with a special ceremony that will offer a time for our residents to reflect and remember the true meaning behind Memorial Day.

This year we will be honoring Veteran Joseph DiGloria.

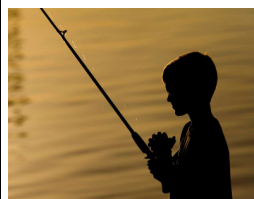
| Age | Date | Time | Location | Fee |
|-----|--------------|----------|----------------|--------|
| All | Monday, 5/27 | 10:30 am | Community Park | Free!! |

Farrington Lake Clean Up

Help to clean up accumulated trash around Farrington Lake. Sponsored by Middlesex County Federation of Sportsmen, The Lawrence Brook Watershed Partnership, Townships of North Brunswick, East Brunswick, South Brunswick, Milltown, New Brunswick, the North Brunswick Environmental Commission, DPRCS & The Youth Council. Call 732-247-0922 x. 475 for more information. Volunteers Needed.



| Age | Date | Time: | Location |
|-----|------|-------|-----------------------------------|
| All | TBA | TBA | Farrington Lake Conservation area |



37th Annual Fishing Derby

A Father's Day tradition and a true flashback to the days of Tom Sawyer and Huck Finn. Participants must bring own fishing pole and bait.

Prizes awarded for a variety of categories.

Admission is Free.

| Age | Date | Time | Location | Fee |
|-----|--------------|--------------|------------|------|
| All | Sunday, 6/16 | 11 am - 1 pm | Boyd Ponds | Free |

Community Camp Out with Giant Screen Movie

Join the community for hayrides, crafts, activities, games, magician show and a giant screen movie all while camping under the stars. Light refreshments will be served. Participants are encouraged to bring their own food, tents, sneakers, and any supplies that they will need. Families may invite friends and family from neighboring towns.



| Age | Date | Time | Location | Fee | Code |
|-----|------|---------|----------------|----------------|----------|
| All | TBA | 6:30 pm | Community Park | \$5 per person | 20403-01 |

YOUTH SPORTS FESTIVAL



16th Annual Youth Sports Festival will be held Thursday, June 20th till Sunday, June 30th on the grounds adjacent to DeVry University. There will be entertainment, fireworks on both Saturday nights. Elephant Show, Bear Show, Petting Zoo, Circus, Carnival Amusements, and Great Food! Sponsored by the Adams AC Football and Cheerleading, North Brunswick Soccer Club, North Brunswick Baseball & Softball Association, and North Brunswick Basketball Association.

**North Brunswick Parks, Recreation,
and Community Services**
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NORTH BRUNSWICK PARKS, RECREATION & COMMUNITY SERVICES

710 Hermann Road, North Brunswick

732-247-0922 x 475



PRE-SCHOOL PROGRAM

*All Pre-School activities take place at the Sabella Park Annex located at
1453 Cozzens Lane, North Brunswick.*

Medical Forms must be completed by physician and are due on the first day of class.

All children must be the age required before first class begins.

Parents are invited to observe at anytime, but please do not bring siblings to class.

A snack and drink should be brought to each class.

Partners at Play (2 year olds) - One hour play group that provides instructor guided time for songs, art, expression and free play. Two year olds and parents share new experiences. Parent must be present at class.

Terrific Threes (3 year olds) - It is just kids and staff as we move from parallel play to socializing with others. **Children must be fully toilet trained.**

AM Adventures (4 & 5 Year olds) - Pre-schoolers socialize and explore with their peers. Outdoor play, arts, crafts, trips, and meeting new friends are all part of the adventure.

Children must be fully toilet trained.

| Class | Day | Time | Dates | Code | Fee |
|------------------|----------------|------------------------|-----------|----------|--------------------------------------|
| Partners at Play | Thursdays | 10:00-11:00 a.m. | 4/18-6/20 | 40501-01 | \$110 - Resident \$120 - Non Res. |
| Terrific Threes | Wed. & Fridays | 12:00 p.m. - 2:00 p.m. | 4/17-6/21 | 40502-01 | \$220- Resident \$230- Non Res. |
| AM Adventures | Wed. & Fridays | 9:00 a.m.—11:30 a.m. | 4/17-6/21 | 40503-01 | \$240 - Resident \$250 - Non Res. |





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Our Township Website has ALL of our programs!
www.northbrunswicknj.gov

Find us on Facebook
www.facebook.com/DPRCS.aquatics

Open & Lap Swim

The NBTHS pool is available to North Brunswick residents for open swim according to the table below at a cost of \$3 per person per visit. Participants must present a DPRCS ID card, family swim pass or driver's license to access the pool. A \$90 annual family membership may be purchased through the DPRCS office. Please note: Since we share the pool with NBTHS and other organizations there may be times when the pool is unavailable.

Summer Open Swim

Mondays through Friday, 3:00-5:30pm, 7/1-8/9 (closed 7/4)
Wednesdays, 7:30-9:30pm, 7/3-8/7
Saturdays, 12:00-5:00pm, 7/6-8/10 (closed 7/27)

Summer Lap Swim

Mondays, 9:00-10:00pm, 7/1-8/5
Thursdays, 9:00-10:00pm, 7/11-8/8

Check pool announcement board
for swim meet notices
and additional closures.



BIRTHDAY PARTIES AT THE POOL

This special offering is available to North Brunswick Residents only. The party time includes one hour with a classroom to serve light refreshments and one hour of private pool time at the NBTHS pool with Red Cross certified lifeguards. You supply food and decorations.

Call DPRCS to reserve your day and make a big splash with your child's next birthday party. Parties are offered on Saturdays September through May, call or email eyarus@northbrunswicknj.gov for availability. Fee: \$205.00

Swim Lessons for Adults

These lessons are designed for all levels of swimming ability from the beginner swimmer to the experienced swimmer looking for stroke improvement.

Fridays, 7:15-8:15pm,
7/5-8/9

\$60.00 – Resident / \$75.00 – Non-Resident
Code: 10309-01

AQUATICS

All DPRCS aquatic activities take place at the indoor pool at NBTHS. The pool has shower and locker facilities. Lockers are available for use only during program times. Please bring your own locks, refrain from bringing valuables to the pool, and take all belongings with you at the end of the activity. The pool is available for both open and instructional swim as detailed on these pages.



RAPIDS SWIM TEAM

The Rapids team offers a recreational competitive team competing against neighboring towns. Practices will be held on Friday nights beginning in May and Monday – Friday 7:30a.m. - 9:00a.m. in July. Swim meets are held Wednesday evenings and Saturday mornings from the end of June until the beginning of August. All swimmers must pass the deep water test and have knowledge of the competitive strokes. Please attend the parents meeting to receive schedules and have any questions answered. Ultimate Swim Shop will be available to purchase swim suits and needed equipment.

Mandatory \$100 refundable work bond due at registration, a separate check payable to: North Brunswick Rapids Swim Team.

| | | |
|-------|----------------|----------|
| Age: | 6-18yrs. | |
| Fees: | Residents: | \$120.00 |
| | Non-Residents: | \$140.00 |
| Code: | 10315-01 | |

First Practice will be Friday, May 17th; 7:30-9:00pm

Initial Practice Dates and additional information will be handed out at practice and emailed to returning families as soon as the dates are available.



Registration Dates: Mail-In Resident begins June 8th. In-Person Resident begins June 13th. Non-Resident begins June 18th.
If you have any questions, please call (732) 247-0922 ext. 475

SWIM LESSONS

Summer 2013

Lessons are available for children of all ages and for adults.

Participants may register for only **ONE** class per session.

The children's instructional program is progressive. A skill test **MUST** be completed at the end of each level in order to be certified and move on to the next level.

Registration Dates: Mail-In Resident begins June 8th. In-Person Resident begins June 13th. Non-Resident begins June 18th.

If you have any questions, please call (732) 247-0922 ext. 475

6 months to 5 years

6 months to 5 year olds

The below classes do NOT require a swim test, but a Parent (or adult) **MUST** accompany CHILD in the water!

Sing-Along Swimming (6 months to 3 years old)

Mondays & Wednesdays, 6:00-6:30pm, 7/1-7/29 (closed 7/10) \$70 Res./\$85 Non

Fee

Code

10301-01

Parent & Child Swimming (4-5 years old)

Tuesdays & Thursdays, 6:00-6:30pm, 7/2-7/18 (closed 7/4) \$44 Res./\$59 Non

Fee

Code

10302-01



For All Group Lessons —

Children who are new to this program and five years or older require a swim test. A swim test is also required for children absent from the program for more than six months. If your child was enrolled in a swim class in the past six months, refer to the Aquatic Skill Card you received for correct placement and **mail the card with your registration**. Anyone unsure of appropriate level should also be tested.

****Please Note:** Some classes may be filled prior to swim test dates.

Registration will not be accepted without a copy of a DPRCS Aquatics Skill Card showing the level the participant has tested into.



Testing does not guarantee placement in a class.

Testing will be held on the following dates:

Tuesday, June 4th: 8-8:45pm

Call 732-247-0922 ext. 475 to schedule an appointment.

5 years and older

Group Lessons for Beginner Swimmers:

Guppies

Mondays & Wednesdays, 6:30-7:00pm, 7/1-7/29 (closed 7/10)

Tuesdays & Thursdays, 6:30-7:00pm, 7/2-7/18 (closed 7/4)

Thursdays, 7:30-8:00pm, 7/11-8/8

Tuesdays & Thursdays, 6:00-6:30pm, 7/23-8/8

Tuesdays & Thursdays, 6:30-7:00pm, 7/23-8/8

Fee

Code

\$70 Res./\$85 Non

10303-01

\$44 Res./\$59 Non

10303-02

\$44 Res./\$59 Non

10303-03

\$53 Res./\$68 Non

10303-04

\$53 Res./\$68 Non

10303-05

Minnows

Mondays & Wednesdays, 7:00-7:30pm, 7/1-7/29 (closed 7/10)

Tuesdays & Thursdays, 7:00-7:30pm, 7/2-7/18 (closed 7/4)

Fridays, 6:00-6:30pm, 7/5-8/9

Tuesdays & Thursdays, 7:00-7:30pm, 7/23-8/8

Fee

Code

\$70 Res./\$85 Non

10304-01

\$44 Res./\$59 Non

10304-02

\$53 Res./\$68 Non

10304-03

\$53 Res./\$68 Non

10304-04

Group Lessons for Intermediate Swimmers:

Stingrays

Mondays, 7:30-8:15pm, 7/1-8/5

Tuesdays, 7:30-8:15pm, 7/2-8/6

Fridays, 6:30-7:15pm, 7/5-8/9

Fee

Code

\$56 Res./\$71 Non

10305-01

\$56 Res./\$71 Non

10305-02

\$56 Res./\$71 Non

10305-03

Marlins

Mondays, 8:15-9:00pm, 7/1-8/5

Tuesdays, 8:15-9:00pm, 7/2-8/6

Fee

Code

\$56 Res./\$71 Non

10306-01

\$56 Res./\$71 Non

10306-02

Group Lessons for Advanced Swimmers:

Dolphins & Barracuda

Thursdays, 8:00-9:00pm, 7/11-8/8

Fee

Code

\$50 Res./\$65 Non

10307-01

Please Note: The swim lesson prices are based on the length and number of classes.

Some class sessions only have 5 classes, while others have up to 8. Each class has been pro-rated to reflect the number of appropriate classes.

Registration Dates: Mail-In Resident begins June 8th. In-Person Resident begins June 13th. Non-Resident begins June 18th.

If you have any questions, please call (732) 247-0922 ext. 475

Youth Programs



MARTIAL ARTS

Discover the teachings of Karate, Judo and Jujitsu as well as self defense. Instructor is black belt ranked and a member of the US Judo Association and International Federation of Ju-Jutsuans.

| Age | Date | Time | Location | Fee | Code |
|-------|-----------------------|--------------|----------|-------|----------|
| 5-10 | Tues & Thurs | 7:00-7:45 pm | NBTHS | \$150 | 40113-01 |
| 11-17 | 5/2—6/11 | 8:00-8:45 pm | Gym | | 40113-02 |
| 5-10 | | 6:00-6:45 pm | | | 40113-03 |
| 11-17 | Tues & Thurs | 7:00-7:45 pm | NBTHS | \$150 | 40113-04 |
| 18 + | 6/27—8/8 (closed 7/4) | 8:00-8:45 pm | Gym | | 40113-05 |



Chess for Kids

Children, ages 6 and up, beginners and advancing beginners; learn the basics or improve your game! Have fun while developing problem solving and decision - making skills. You'll be taught by the best! **Alexander Braylovskiy, U.S. -**

certified chess coach, is a championship player who has been a professional chess instructor for more than 20 years. His students have accumulated a number of prestigious titles locally and nationally.

| Age | Date | Time | Location | Fee | Code |
|-----|--------------------|--------------|--------------------|---|----------|
| 6+ | Fridays, 4/12—5/17 | 6:00—7:00 pm | Municipal Building | \$75 - residents \$85—non-residents | 40108-01 |
| 6 + | Fridays, 5/31—6/28 | 6:00—7:00 pm | Municipal Building | \$65- residents \$75 - non residents | 40108-02 |
| 6+ | Fridays, 7/12—8/16 | 6:00—7:00 pm | Municipal Building | \$75 - residents \$85—non-residents | 10107-01 |

Petite Equestrian Program

Participants will learn safety on and around the ponies, grooming techniques, basic riding skills, and other primary horsemanship skills. While this is not a Horse-back Riding lesson per say, the program includes an

exciting riding component whereas each child will get to ride about 20 minutes and learn how to properly mount, dismount, hold the reins and control the horse/pony at the walk and a few steps of trot. Sessions aim to help develop confidence and motor-coordination skills while providing a supportive, fun, non-threatening environment for the participants as well as social interaction among them. This is a participatory program for parents who so desire so one may be asked to occasionally lend a hand.

| Ages | Date | Time | Location | Fee | Code |
|------|-------------------|--------------|----------|-------|----------|
| 3-6 | Mon—Thurs 8/5-8/8 | 3:45—5:00 pm | TBA | \$190 | 10108-01 |

Pony Grooming & Riding

This program provides an inexpensive hands-on introduction to the world of equines in a fun-filled, non-threatening atmosphere. PonyShare uses camp-trained ponies and cobs, smaller and easier to handle than their larger equine counterparts. After reviewing safety rules, material previously covered and learning a new subject matter, participants are assigned their size-related pony or cob and each small group works under the tutelage of a qualified and motivated Counselor. Some of the horsemanship matters covered may include: *Safety on and around horses, Basic Anatomy, Equine Senses & Body Language, Grooming, The Tack and Harness, Driving the Miniature Horse, English and Western styles, Barn Management and Careers in the Industry.* Participants also get to ride or drive their charges for about 20 minutes during each Session.



| Ages | Date | Time | Location | Fee | Code |
|------|---------|--------------|----------|-------|----------|
| 7-13 | 8/5-8/8 | 5:15—7:15 pm | TBA | \$225 | 10108-02 |



Basketball Shooting Clinic Open to Boys and Girls

NBTHS

Ages 7-14

Fee: \$30.00

June 15th

10:00-11:30am

Code: 40114-02



Barry Wolfson, known as the Foul Shot Doc, will present a one day basketball clinic. Wolfson has worked with Orlando Magic guard, Jameer Nelson, former NCAA Player of the Year and Los Angeles Lakers forward, Trevor Ariza to improve their shooting. Wolfson was formerly Head Coach at Upsala College, Quinnipiac University and Raritan Valley Community College. He recently served as a consultant for the Kean University Women's team that went to NCAA Elite Eight. His website is www.foulshotdoc.com and he can be reached at barry@foulshotdoc.com or 877-959-9400 with any questions.

This clinic will focus on all aspects of Basketball, including dribbling, passing, shooting rebounding and defense. The clinic is designed for everyone from the beginner to players looking to refine and improve their skill.



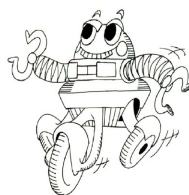
SPRING TENNIS

Learn racquet handling, ball control, rules, etiquette and more.

Bring your own racquet & unopened canister of tennis balls.



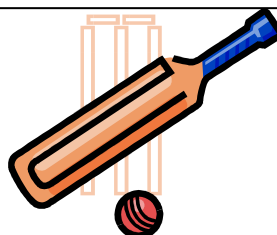
| Date | Grade & Time | Location | Fee | Code |
|-----------------------------|---|--------------------------------|--------------------------------------|--|
| Sundays, 5/5-6/16 (no 5/26) | (K-2) 9-10 am (3-5) 10-11 am (6-8) 11-12 pm | Veterans Park Tennis Courts | Residents \$80 Non-residents \$90 | (K-2) 40105-01 (3-5) 40105-02 (6-8) 40105-03 |
| Sundays, 6/30-8/4 | (K-2) 9-10 am (3-5) 10-11 am (6-8) 11-12 pm | Veterans Park Tennis Courts | Residents \$80 Non-residents \$90 | (K-2) 10105-01 (3-5) 10105-02 (6-8) 10105-03 |



Inside Robotix

Construct U's STEM Robotics Workshop combines electricity, gears, and robotics. Students will create Robots, Robotic Creatures, & Robotics Vehicles. Students use ROBOTIX, a Space-Age, Motorized, Modular Building System components. Electricity, Gears, Motors, Electromagnets and Switches will be used to explain how certain components of Robotix work. Kids will have an opportunity the importance of Math, Science, and Engineering and have a great deal of fun individually as well as in a team or group environment.

| Age | Date | Time | Location | Fee | Code |
|------|-------------------------|--------------|-------------------|------|----------|
| 5-12 | Fridays 5/3, 5/10, 5/17 | 5:00—6:30 pm | Municipal Complex | \$75 | 40106-01 |
| 5-12 | Fridays 6/7, 6/14, 6/21 | 5:00—6:30 pm | Municipal Complex | \$75 | 40106-02 |



Girls & Boys Cricket Clinic

All experience levels welcome for boys and girls in grades 2-8. Have your child come out and learn a new sport! Basic equipment will be provided during the clinic.

Registration is mandatory.

Mondays, 4/22-6/24 (closed 4/29 & 5/27)

6:30-7:30pm

@ Hermann Park (off Schirra Road)

Code: 40601-01

Youth Programs

This summer we are conducting a basketball development league to help players turn potential into skills in a fun and engaging way. We will be working on specific skills including ball control, dribbling, shooting, defensive reaction, and moving without the ball. Program is open to boys and girls.

Mondays & Wednesdays
July 1st—August 7th

FUNdamentals

The FUNdamental League is designed to give young players an active start, learning basketball movements and fundamentals while having a good time. These workouts consist of games that emphasize basketball skills that are unique, creative, and lots of fun.

Age: 7-10 yrs.

Time: 6:15-7:15pm

Fee: \$80.00

Code: 30607-01



Champions

The Champion League format is designed to influence players to learn how to execute under pressure and make connections between skill training and playing games. We will focus on developing confidence, understanding and decision making without the overwhelming pressure of most teams. We help players develop fundamental skills into habits at game speed as well as the problem solving and leadership that makes players positively stand out.

Age: 11-14

Time: 7:30-9:00pm

Fee: \$100.00

Code: 30607-02.



Presented By:



North Brunswick Parks, Recreation, and Community Services
(732) 247-0922 ext. 475
(732) 247-0979 (fax)
www.northbrunswicknj.gov



Teen & ADULT Programs



Yoga

Daria Hartman leads this class with stretching, strengthening, and toning postures. You will also be taught how to release stress and tension learning how to breath deeply and quiet your mind. Equipment will be provided, but you may use your own. Make sure to wear comfortable clothing and bring bottled water. Intermediate and Advanced level students welcome.

| Age | Date | Time | Location | Fee | Code |
|-----|---|-----------|---------------|-------|----------|
| 18+ | Thursdays, 5/23-8/8 (closed 7/4 & 8/1) | 7:30-9 pm | Senior Center | \$100 | 10202-01 |

ADULT TENNIS LESSONS



This course will teach techniques for handling a tennis racquet, beginner play, ball control, swing & rules and etiquette of the game. Challenge yourself to learn the game you have always wanted to play. Please bring an unopened can of tennis balls to first class.

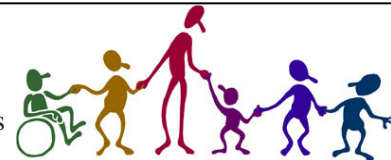
Must bring your own racquet. In case of rain outs, some mid-week make up classes may be scheduled.

| Age | Date | Time | Location | Fee | Code |
|-----|--|---------|--------------------------------------|---|----------|
| 16+ | Sundays, 5/5-6/16 (closed 5/26) | 12—1 pm | Veterans Park Tennis Courts | Residents \$80 Non-residents \$90 | 40203-01 |
| 16+ | Sundays, 6/30-8/4 | 12—1 pm | Veterans Park Tennis Courts | Residents \$80 Non-residents \$90 | 10203-01 |

CLUB

RAINBOW - This

is a Monday night social & recreational program for developmentally challenged adults. They will enjoy arts & crafts, cooking, bowling & various outings. Call DPRCS for schedule. Transportation available by calling 732-247-0922 x. 830. Annual pass is available for \$75.00.



Young Adult Drama Group

This talented group is in it's 41st year. Rehearsals will begin in June and show will be in August. Call 732-247-0922 x 475 with questions or to have your name added to the mailing list for audition information.

Project LEAL

What: Project LEAL is a before and after school recreational childcare program providing a safe, supervised extension of the school day.

Why: Recognizing the trends in our society for two parent

employment and single parent families, Project LEAL provides a supervised and worthwhile alternative to being home alone.

Where: The program is offered at all four Elementary Schools and Linwood Middle School in the cafeteria.

When: The program is held during the school year from the first day of school in September until the last day of school in June. AM LEAL is from 7:00 am until the start of school day and is hosted at each Elementary School. PM LEAL is from the end of school day until 6:00 pm.

Who: Children in grades Kindergarten - 8th grade are eligible to participate in the Project LEAL program. Registration is limited.

AM LEAL is Available at all four Elementary Schools. Parents must escort children into the building and sign in no earlier than 7:00 am. Children have breakfast and are supervised through the beginning of the school day.

PM LEAL is from the close of school until 6:00 pm. Children walk to cafeteria, are given a snack and participate in various activities. Parents must come into the building to sign out their child/children no later than 6:00 pm

Holiday LEAL is held during certain holidays when school is closed. The program takes place at Linwood from 7:00 am - 6:00 pm. Children must be escorted into the building and signed in no earlier than 7:00 am. The children participate in a variety of activities on site and will attend local trips. If enrollment is low the program will be cancelled.

Assistance is available through Catholic Charities. For more Information call Catholic Charities at (732) 324-4357 ext 115, be persistent they experience a high volume of calls on a regular basis. You can also call DPRCS at 247-0922 ext 475 and speak with Project LEAL Staff member.

Children with Disabilities (ADA): All DPRCS activities are accessible to the disabled. If your child has special needs, please to notify us via phone or in person prior to registering so we can better accommodate your family.

Registration- Registration packets may be picked up at the DPRCS office and will be available online at www.northbrunswicknj.gov beginning May 1st for the 2013-14 school year. Parents may begin to register their children by **MAIL ONLY** beginning June 15th. Packets postmarked before that date or incomplete packets will be returned. Space is limited.

If you wish for your child to begin the first week of school, registration must be received by August 9th. We will not begin accepting **IN PERSON** registration until Friday, September 13th. After that date you may register in person or by mail. Participants will be able to begin one week after registration is received and processed.

Staff - Applications are being accepted for 2013 – 2014 school year and will be accepted through July 1st. Applicants must be 16 years of age by September 1, 2013

Summer Camp - Child Care No Camp - Thursday, July 4th.

Activities include: cooking, crafts, sports, trips, swimming, canoeing and more, rain or shine!

| Camp | Grades | Dates | Hours | Trips | Lunch | Price |
|------------------|--------|---|--------------------|------------|----------|---|
| Day Camp | K-6 | July 1 st - August 9 th | 8:30 am - 3:30 pm | 1 per week | Provided | 2013 prices will be available in registration packet. |
| Voyagers | 7-9 | July 1 st - August 9 th | 8:30 am - 3:30 pm | 1 per week | Provided | |
| Half Day | K-6 | Dates TBD | 12:00 pm - 3:30 pm | 1 per week | Provided | |
| Summer Explorers | K-6 | August 12 th - August 30 th | 7:00 am - 6:00 pm | 1 per week | Provided | |

Forms will ONLY be accepted by mail postmarked no earlier than March 12th.
www.northbrunswicknj.gov

Drop-In Camp No Camp - Thursday, July 4th.

Kids participate in cooking, crafts, sports, swimming and more (weather permitting).

| | | | | | |
|-----|---|------------------|---------------|----------|---|
| K-5 | July 1 st - August 9 th | 8:45am - 11:45am | Veterans Park | No Lunch | 2013 prices will be available in registration packet. |
|-----|---|------------------|---------------|----------|---|

Forms will ONLY be accepted by mail postmarked no earlier than Friday, March 12th.

Summer Staff: Applications are available online. Summer jobs are limited and returning staff will be given hiring preference. Must be at least 16 years old by July 1st.

Counselor in Service: This community service program offers teens the opportunity to gain valuable work experience as a volunteer member of the summer staff. Must be 15 years old by July 1st.

Applications will be accepted until Friday, March 15th.

Senior Programs

The North Brunswick Senior Center is located at 15 Linwood Place and is open 8:30 am—4 pm, Monday through Friday for our township's **55 and over residents**. There are no membership fees to join, just call ahead and arrange a time to come in and fill out a data sheet and pick up a Senior Sage, the newsletter and calendar with all the Senior Center Activities. Once you register, you are welcome to join in any Senior Center Activities! You can call the center office (732-247-0922 ext. 820) with any questions.

The Senior Center has a variety of programs to reach out to our active adult community members. Come along on one of our trips. We have something for everyone!

Our regular programs include: exercise programs, **Zumba, Chair Yoga, Fitness classes**, Healthy Bones, bridge, crocheting, line dancing, wood carvers, Lunch and Learn, Dinner in the Afternoon (lunch at a local restaurant), speakers, Mayor's Breakfast, BINGO, movie and popcorn, and card playing. We offer a **low-cost lunch daily**. Transportation is provided by AMIGO Medical Transportation and you can arrange a ride by calling 732-729-0002. Roundtrips to the Senior Center are \$1.50 and \$5.00 roundtrip to other destinations within our service area.

Join us for our special lunch celebrations! The center also has various health screenings scheduled throughout the year, including monthly blood pressure screenings and podiatry screenings every other month. We also have a barber on site every Friday. Call for an appointment.

I hope to see you soon!

Yours sincerely,

Jessica Zink

Supervisor of Senior Citizen Activities
jzink@northbrunswicknj.gov

Join our exciting exercise classes,
we offer daily programs, including:



ZUMBA

Mondays; 9:00-9:30 am

Chair Yoga

Mondays; 9:30-10:00 am



Above classes are \$1/person,
the rest is sponsored by the Township!

Exercise with Donna

Fridays; 10am-11 am

Free!



SENIOR FITNESS CLUB— For those 55 and older this energetic group meets for a regular regimen of low – impact exercise. Seniors must have a DPRCS Fitness Pass to participate. Passes are available at the DPRCS office for \$15 per year. A Senior Fitness pass holder is eligible to participate in our Senior Swimming at the NBTHS Pool and our Senior Walking Program.
Senior Swim: Schedule available at DPRCS or check the Senior Sage.
Senior Walking: Tuesdays 9-10 am.
Walkers meet at the Senior Center and depart for area parks or Brunswick Square mall during the winter.

Sugarhouse Casino

Friday, April 5th

All the slots and table games you love, right in Philly. Trip departs Senior Center 9am-5pm. Includes \$10 slot play, \$5 food voucher, and motorcoach transportation. **\$35/person.**



FLEA MARKET

Support the Friends of the Senior Center. Over 25 vendors with various items for sale!

| Date | Time | Location |
|-------------------|-------------------|---------------|
| Saturday, May 4th | 8:00 am - 1:00 pm | Senior Center |

Grounds for Sculpture Friday, May 10th

Come out and enjoy this beautiful 42-acre public sculpture park located in Hamilton, NJ. The Grounds feature an outdoor permanent collection of sculptures and various

indoor seasonal exhibitions. You will be guided on a one hour tour with a tour guide. As well as lunch on your own at the Grounds Peacock Café. Trip departs Senior Center **9:30 am-3:30 pm.**

Includes admission, tour, and Minibus transportation. **\$10/person.**



GROUND'S FOR SCULPTURE



Senior Conference & Health Fair

*An educational day just for seniors with speakers, vendors, health screenings, and giveaways!
Continental breakfast & lunch will be served.*

| Age | Date | Time | Location | Fee |
|-----|-------------------|------------|---------------|-----|
| 55+ | Tuesday, May 14th | 9 am - 3pm | Senior Center | \$5 |

Hunterdon Hills Playhouse present:

Honky Tonks & Heartache

Friday, June 28th

This is a Country Music concert-style revue that they have developed over the years—similar to the style of shows performed in Branson, Missouri.

Includes lunch, motorcoach transportation, and show.

Departs Senior Center at 9:45am—5pm. \$75/person.



Norwegian Cruise Line

Cruise to the BAHAMAS on the BRAND NEW ship the Norwegian Breakaway!

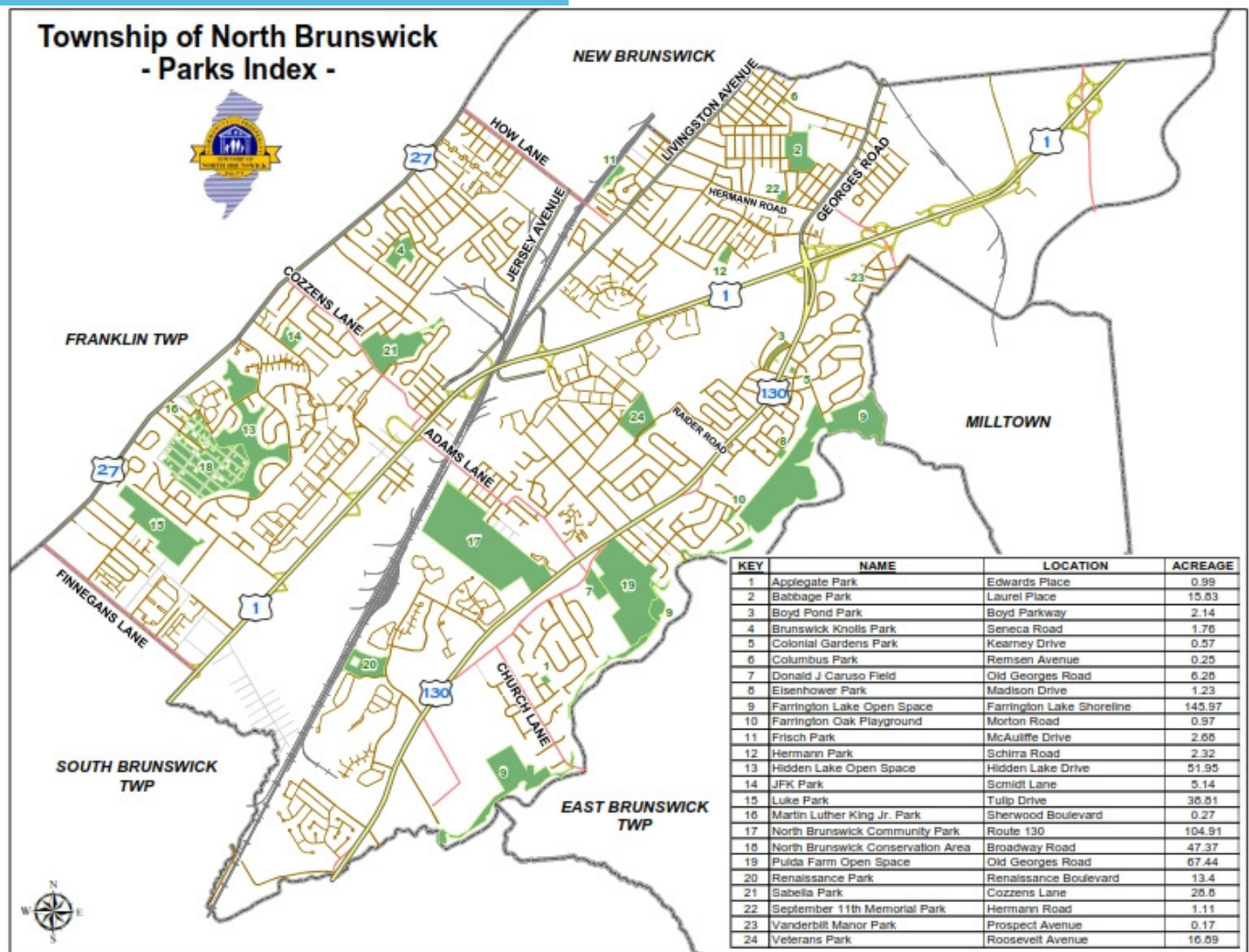
Sunday, November 10th—17th.

Trip departs right from New York City.

Take a break before the holidays and enjoy

this gorgeous brand new ship for a specially discounted rate of \$790/person (includes cruise, port charges, and government fees). All family, friends are welcome to join us on this trip!

Parks



| | Dog Park | Baseball / Softball | Basketball | Fishing | Flagpole | Football Field | Lights | Pavilion or Picnic Area | Playground Equip. | Restrooms | Soccer Fields | Synthetic Turf Fields | Tennis Courts | Trails |
|--------------------------------|----------|---------------------|------------|---------|----------|----------------|--------|-------------------------|-------------------|-----------|---------------|-----------------------|---------------|--------|
| Applegate Park | | | • | | | | | | • | | | | | |
| Babbage Park | | • | • | | • | | | • | • | • | | | | • |
| Boyd's Pond Park | | | | • | | | | | • | | | | | |
| Brunswick Knolls Park | | | • | | | | | | • | | | | | • |
| Colonial Gardens Park | | | • | | | | | | • | | | | | |
| Caruso Field | | • | | | • | | • | | | | | | | |
| Eisenhower Park | | | • | | | | | | • | | | | | |
| Farrington Oaks Playground | | | • | | | | | | • | | | | | |
| Frisch Park | | • | • | | | | | | • | | | | | |
| Hermann Park | | | • | | | | | | • | | | | • | |
| JFK Park | | | | | | | | | | | • | | | |
| Luke Park | | | • | | | | | | • | | | | | |
| Martin Luther King Jr. Park | | | • | | | | | | • | | | | | |
| Renaissance Park | | • | | | • | | • | • | • | • | • | | | |
| Sabella Park | | | • | | • | • | • | • | • | • | • | • | | |
| Vanderbilt Manor Park | | | | | | | | | • | | | | | |
| Veterans Park | | • | • | | • | | • | • | • | • | • | | • | |
| North Brunswick Community Park | • | • | | | • | | • | | • | • | • | | | • |



ADOPT A TREE PROGRAM

Residents interested should contact Lou Ann Benson at
732-247-0922 x 475 or
by email at LBenson@northbrunswicknj.gov.

Park Ranger Program

The major responsibility of the Park Ranger will be to increase safety, provide information/assistance to the park users, and to help prevent non-productive park usage. The objectives of the Park Ranger Program will be to protect our community's investments in our parks, monitor, and direct the use of parks and deter vandalism in our parks. A Ranger will be visible at the following times:
Fridays, 4:00-10:00pm, Saturdays and Sundays, 8:00 am - 10:00pm from March to November. The Parks Rangers have a Township ID, wear a full uniform and drive in a township vehicle. Please note that Park Rangers do not take the place of the police, but will assist in the safety and security of our parks. During residents' use of the park, any concerns regarding equipment, park activity, and questions concerning the park can be shared with the Park Ranger. If you have additional questions, please call:

Lou Ann Benson, Director of Parks, Recreation, and Community Services at (732) 247-0922 ext. 475 or lbenson@northbrunswicknj.gov

2013
Department of Parks, Recreation and Community Services
Fees for Facility Grove and Field Use

Priority scheduling given to North Brunswick Youth Sports Organizations (Non-Profit)
But will need to obtain a permit card from the DPRCS office for field or picnic grove.

Groves

| | |
|--------------|--|
| Resident | \$100 for 4 hrs \$ 50 per additional hr |
| Non-resident | \$200 for 4 hrs \$100 per additional hr |

Game Fields

| | |
|--------------|--|
| Resident | \$125 for 4 hrs \$ 50 per additional hr |
| Non-resident | \$250 for 4 hrs \$100 per additional hr |

Turf Fields

| | |
|--------------|--|
| Resident | \$250 for 4 hrs \$ 75 per additional hr |
| Non-resident | \$500 for 4 hrs \$150 per additional hr |

Practice Field

| | |
|--------------|--|
| Resident | \$75 for 3 hrs \$35per additional hr |
| Non-resident | \$150 for 3 hrs \$ 70 per additional hr |

Lighting

| | |
|---------------|------------------|
| Resident | \$25.00 per hour |
| Non- Resident | \$50.00 per hour |

Special usage fees are based on normally accepted team sizes as two baseball teams, two soccer, etc. Any deviation from the norm must be specified at the time of permit application. The Director of Parks, Recreation and Community Services has the discretion of increasing fees by 50 % due to extraordinary circumstances.

Refunds will not be given for rain dates and or cancellations. However, you may call, fax, email the office 48 hours to report rainout and reschedule without any additional fee. All fees and deposits are to be paid prior to field usage or permit will be revoked.

Fees for Special Events and Tournament Use

North Brunswick Youth Sports Organizations Special Event: \$150.00 per field / maximum \$1,500 and \$4,000 refundable damage/clean-up fee (Money Order or Cashier's Check)

Non-Resident Youth Sports Organizations Special Event: \$300.00 per field / maximum \$3,000 and \$8,000 refundable damage/clean-up fee (Money Order or Cashier's Check)

Special Events, North Brunswick Groups or Organizations: \$400.00 permit fee per field/ maximum \$1,500 and \$1,000 refundable damage/clean-up fee (Money Order or Cashier's Check)

Non-Resident Special Events non-North Brunswick Groups or Organizations \$800.00 permit fee per field/ maximum \$3,000 and \$2,000 refundable damage/clean-up fee (Money Order or Cashier's Check)

Failure to follow the outline of the permit will result in the immediate termination of permit for the remainder of the season.

For the purposes of determining whether a group or organization is a resident or non-resident, the group or organization shall submit a statement under oath signed certifying that at least 90% of the members of the group or organization utilizing the field(s) or facilities reside in the Township of North Brunswick as applicable.

REGISTRATION FORM - You must enclose a stamped, business size, self addressed envelope with your registration. Failure to do so may result in delay of processing and may put you at risk for losing your spot in an activity. Checks should be made payable to: The Township of North Brunswick. Mail registration forms to: DPRCS Registration, 710 Hermann Road, North Brunswick, NJ 08902. Registration is on a first come, first serve basis. **ACTIVITY FEES ARE NON-REFUNDABLE**

Family's Last Name _____ Address: _____

Town: _____ Zip: _____

Home Phone: (_____) _____ E-Mail: _____

Fill in following if registering a minor

Father's Name: _____ Work Phone : (_____) _____ ext. _____

Cell Phone: (_____) _____ Father's Email: _____

Mother's Name: _____ Work Phone : (_____) _____ ext. _____

Cell Phone: (_____) _____ Mother's Email: _____

Emergency Contact: First Name: _____ Last Name: _____

Home Phone: (_____) _____ Work Phone: (_____) _____ ext. _____

Cell Phone: (_____) _____

CODE OF CONDUCT: The Department of Parks, Recreation & Community Services advocates and supports youth and adult programs in North Brunswick. The DPRCS staff prides itself in offering educational opportunities through leisure experiences. Participation in DPRCS programs is subject to the observance of DPRCS rules and procedures. The activities outline below are strictly prohibited. Any participant or staff member who violates this Code is subject to discipline, up to and including removal from the program.

- Abusive language towards a staff member, volunteer or another participant
- Possession or use of alcoholic beverages or illegal drugs on North Brunswick Township property or reporting to the program while under the influence of drugs or alcohol
- Bringing onto North Brunswick Township property dangerous or unauthorized materials such as firearms ,weapons or other similar items
- Discourtesy or rudeness to a fellow participant, staff member or volunteer
- Verbal, physical or visual harassment of another participant, staff member or volunteer
- Conduct endangering the life, safety, health, or well-being of others
- Failure to follow any Department of Parks, Recreation & Community Services policy or procedure
- Bullying or taking unfair advantage of any participant
- Failing to cooperate with adult supervisor / leader / mentor
- Failure to leave area in the condition in which you found it, including restrooms, gym, hallways and any other area used.

I have read and understand the Code of Conduct: _____

MEDICAL RELEASE: I recognize that participation in contact sports and other activities may occasionally lead to injury. The most common injuries are abrasions, bruises, sprains, and strains. Less common injuries, but perhaps more serious, may occur. I hereby authorize emergency medical care for my child(ren) or myself. If, in the judgment of the staff, treatment is required for injury or illness, I hereby authorize the administering of anesthetics & recourse to other procedures deemed necessary by attending physician. I recognize that I am financially responsible for any expenses for medical care or transportation incurred.

Doctor's Name: _____ Doctor's Phone: _____

Signature: _____ **Date:** _____

HOLD HARMLESS AGREEMENT: I agree to abide by the conditions herein and agree to hold harmless, waive, and release any and all claims for damages against the Department of Parks, Recreation & Community Services, Township of North Brunswick, North Brunswick Board of Education, its agents and employees, and other such Individuals who may be involved in the planning and implementation of this / these programs.

Signature: _____ **Date:** _____

DPRCS ID Cards for ALL school-aged children are Required at all DPRCS Activities. A wallet sized photo is required. ID Cards should be purchased during office hours for a fee of \$10.00 Cards are valid for one year from purchase date.

****If you are registering for a swim lesson, a swim test card must accompany registration form****

| Participant's Name | | Date of Birth | Sex | School (if child) | Grade | Program Code | 2nd Choice | Amount |
|--|-------|---------------|-----|-------------------|-------|--------------------------------|------------|---------|
| Last | First | | | | | 1st Choice | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | DPRCS ID Card (photo required) | | \$10.00 |
| Payment Method: ____ Cash (don't mail) ____ Check # ____ ____ Credit Card Mastercard ____ Visa ____ TOTAL | | | | | | | | |
| Card # _____ Exp. Date _____ Signature: _____ | | | | | | | | |

Photos are taken during programs, special events and Township functions. Please note, the Township may print your photo in the Township brochure, on TV 15, or any other Township mailing. If you have any objections please contact Lou Ann Benson 732-247-0922 ext. 475.

FOR PRE-SCHOOL REGISTRATION

Please complete and bring to first class. Do NOT mail with registration form.

Completed forms are valid for one year.

UNIVERSAL CHILD HEALTH RECORD

Endorsed by: American Academy of Pediatrics, New Jersey Chapter
New Jersey Academy of Family Physicians
New Jersey Department of Health and Senior Services

| SECTION I - TO BE COMPLETED BY PARENT(S) | | | | | |
|--|----------------|---|-----------------------------|---|------------------|
| Child's Name (Last) (First) | | Gender <input type="checkbox"/> Male <input type="checkbox"/> Female | | Date of Birth / / | |
| Does Child Have Health Insurance? <input type="checkbox"/> Yes <input type="checkbox"/> No | | If Yes, Name of Child's Health Insurance Carrier | | | |
| Parent/Guardian Name | | Home Telephone Number | | Work Telephone/Cell Phone Number | |
| Parent/Guardian Name | | Home Telephone Number | | Work Telephone/Cell Phone Number | |
| I give my consent for my child's Health Care Provider and Child Care Provider/School Nurse to discuss the information on this form. | | | | | |
| Signature/Date | | | | This form may be released to WIC. <input type="checkbox"/> Yes <input type="checkbox"/> No | |
| SECTION II - TO BE COMPLETED BY HEALTH CARE PROVIDER | | | | | |
| Date of Physical Examination: | | Results of physical examination normal? <input type="checkbox"/> Yes <input type="checkbox"/> No | | | |
| Abnormalities Noted: | | Weight (must be taken within 30 days for WIC) | | | |
| | | Height (must be taken within 30 days for WIC) | | | |
| | | Head Circumference (if <2 Years) | | | |
| | | Blood Pressure (if ≥3 Years) | | | |
| IMMUNIZATIONS | | <input type="checkbox"/> Immunization Record Attached <input type="checkbox"/> Date Next Immunization Due: | | | |
| MEDICAL CONDITIONS | | | | | |
| Chronic Medical Conditions/Related Surgeries • List medical conditions/ongoing surgical concerns: | | <input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached | | Comments | |
| Medications/Treatments • List medications/treatments: | | <input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached | | Comments | |
| Limitations to Physical Activity • List limitations/special considerations: | | <input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached | | Comments | |
| Special Equipment Needs • List items necessary for daily activities | | <input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached | | Comments | |
| Allergies/Sensitivities • List allergies: | | <input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached | | Comments | |
| Special Diet/Vitamin & Mineral Supplements • List dietary specifications: | | <input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached | | Comments | |
| Behavioral Issues/Mental Health Diagnosis • List behavioral/mental health issues/concerns: | | <input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached | | Comments | |
| Emergency Plans • List emergency plan that might be needed and the sign/symptoms to watch for: | | <input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached | | Comments | |
| PREVENTIVE HEALTH SCREENINGS | | | | | |
| Type Screening | Date Performed | Record Value | Type Screening | Date Performed | Note if Abnormal |
| Hgb/Hct | | | Hearing | | |
| Lead: <input type="checkbox"/> Capillary <input type="checkbox"/> Venous | | | Vision | | |
| TB (mm of Induration) | | | Dental | | |
| Other: | | | Developmental | | |
| Other: | | | Scoliosis | | |
| <input type="checkbox"/> I have examined the above student and reviewed his/her health history. It is my opinion that he/she is medically cleared to participate fully in all child care/school activities, including physical education and competitive contact sports, unless noted above. | | | | | |
| Name of Health Care Provider (Print) | | | Health Care Provider Stamp: | | |
| Signature/Date | | | | | |